

INGREDIENTS

- 1 lb ground beef or ground turkey
- 1 28-oz can baked beans (any flavor)
- barbecue sauce to taste

NOTES

- Corn (either canned or frozen) can be added with step 2 to add some different texture, taste and color!
- Try serving with corn muffins, it's delicious!
- This reheats wonderfully for leftover lunches!

COWBOY CHILI AKA "Scoot"

We make this quick, easy, inexpensive meal all the time in our house! It's perfect on those cooler days when you just need a bowl of comfort food!

DIRECTIONS

- Brown ground meat in large pan. (You can leave or remove excess grease, depending on what you prefer.)
- Add in the can of baked beans (do not drain).
- Add in enough barbecue sauce to coat the ingredients (use your best judgement, and your heart.)
- Mix thoroughly and heat the mixture through on medium heat.
- Add in more barbecue sauce to taste, as well as salt & pepper if desired!
- Serve with bread or crackers of your choice and enjoy!

